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ALSTON-WITH-GARRIGILL  
RURAL DISTRICT COUNCIL

ANNUAL REPORT  
OF THE  
MEDICAL OFFICER OF HEALTH  
FOR 1972



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TO THE  
CHAIRMAN AND MEMBERS OF THE  
ALSTON-WITH-GARRIGILL  
RURAL DISTRICT COUNCIL.

Mr. Chairman, Ladies and Gentlemen,

I have the honour to submit my report  
as Medical Officer of Health for the year 1972.

Yours faithfully,

JOHN R. HASSAN

Medical Officer of Health.



REPORT OF THE MEDICAL OFFICER OF HEALTH FOR  
ALSTON-WITH-GARRIGILL RURAL DISTRICT COUNCIL  
FOR THE YEAR 1972.

SECTION A

VITAL STATISTICS

Statistics and Social Conditions of the Area

Area	..	..	..	..	..	..	..	..	..	36,971 acres
Population	..	..	..	..	..	..	..	..	..	1870
Number of inhabited houses according to the Rate Book.										
Alston Ward	..	..	..	..	..	..	..	..	..	528
Nenthead Ward	..	..	..	..	..	..	..	..	..	191
Garrigill Ward	..	..	..	..	..	..	..	..	..	157
									TOTAL	<u>876</u>
Rateable Value (1st April, 1972)	..	..	..	..	..	..	..	..	..	£53,389
Penny Rate Product	..	..	..	..	..	..	..	..	..	£500

COMMENT

The vital statistics show changes from the previous year. There is a drop of two hundred in population. Births are down by eight and deaths are up by fifteen. Diseases of the heart and blood vessels are responsible for sixteen of the thirty seven deaths.

Improvement of property, private and public, interior and exterior, has been greatly extended with the result of better appearance and higher living standards.

A vast new sewage system is projected. The reorganisation of Local Government is not far away and it is hoped that this will lead to increased health and welfare of the people of this area.

I am grateful to the Public Health Inspector for his help in preparing this report and I should like to thank the Chairman and Councillors for their continuing support and interest.

LIVE BIRTHS1972  
M F

Legitimate	..	..	..	..	..	..	..	..	..	..	10	8
Illegitimate	..	..	..	..	..	..	..	..	..	..	2	1
											21	

STILL BIRTHS

M F

Legitimate	..	..	..	..	..	..	..	..	..	..	-	1
Illegitimate	..	..	..	..	..	..	..	..	..	..	-	-
											-	-

Death of infants under 1 week of age .. .. .

.. .. . 4 weeks .. .. .

.. .. . 1 year .. .. .

M F

- -

1 -

- -

1

ANNUAL BIRTH RATE per 1,000 estimated population

For this area	..	..	..	..	..	..	..	..	..	9.6
For Cumberland	..	..	..	..	..	..	..	..	..	13.8
For Rural District of Cumberland	..	..	..	..	..	..	..	..	..	13.8
For England and Wales	..	..	..	..	..	..	..	..	..	14.8

Deaths

M F

18 19

37

ANNUAL DEATH RATE per 1,000 estimated population

For this area	..	..	..	..	..	..	..	..	..	19.8
For Cumberland	..	..	..	..	..	..	..	..	..	13.1
For Rural District of Cumberland	..	..	..	..	..	..	..	..	..	13.3
For England and Wales	..	..	..	..	..	..	..	..	..	12.1
Deaths from Puerperal Causes	..	..	..	..	..	..	..	..	..	NIL

SECTION B(1) PUBLIC HEALTH OFFICERS OF THE AUTHORITY

Medical Officer of Health (Part-time)

John R. Hassan, M.B., Ch., B., D.R.C.O.G.,  
Cottage Hospital,  
ALSTON.

Public Health Inspector

R.W. Thomas, M.A.P.H.I.,  
Town Hall,  
ALSTON.



(2)a. AMBULANCE

I am glad to report that the ambulance and sitting car services give every satisfaction in comfort, warmth and speed.

b. CLINICS AND TREATMENT CENTRES

Consultant services are available at Carlisle and Newcastle. Physiotherapy is available on two mornings each week at the Cottage Hospital. Maternity and child welfare clinics are held weekly at the Cottage Hospital provided of course by the Cumberland County Council. The school dental clinic is held one day a fortnight at the Cottage Hospital. An N.H.S. dentist is now in attendance every Thursday afternoon.

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S E C T I O N    C

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WATER SUPPLIES

Following instructions in Ministry of Health Circular 1/70

a) The quality of water supplied through the water mains continues to be satisfactory, both chemically and bacteriologically, and there was no shortage during the year.

b) Tow Type A.H.W.M. reagent feeders are installed at Springfield, Alston.

c)	No. of dwelling houses supplied	(1)	direct to houses	746
		(2)	by sandpipes	4
	No. of population supplied	(1)	direct to houses	2000
		(2)	by sandpipes	4

d) Fluoride content is Nil.

SEWERS AND SEWAGE DISPOSAL

The scheme outlined for extending the Alston sewage works and sewer pipes referred to in the past two annual reports is scheduled to commence early in 1973. In addition, arrangements have been made for the pumps at the Alston and Nenthead works to be completely overhauled and the petrol driven engines replaced by electrical motors.

REGISTER COMMON LODGING HOUSES

There are none in the area.

PUBLIC CLEANSING

As indicated in last year's report, the paper sack collection has been converted to plastic sacks and is operating successfully. It is hoped to extend the system to the whole district, subject to the price of sacks not rising excessively.

SANITARY POSITION OF THE AREA

Number of Inspections	..	..	..	..	..	..	610
Nuisances report	..	..	..	..	..	..	2
Nuisances abated by informal notice	..	..	..	..	..	..	2
Informal notices	..	..	..	..	..	..	2
Statutory notices	..	..	..	..	..	..	Nil
Number of houses inspected	..	..	..	..	..	..	434
Number of houses disinfected	..	..	..	..	..	..	Nil
New houses erected (Local Authority)	..	..	..	..	..	..	Nil
New houses erected (Privately)	..	..	..	..	..	..	4
Plans submitted	..	..	..	..	..	..	25
Plans approved	..	..	..	..	..	..	17
Plans - no decision	..	..	..	..	..	..	7
Plans refused	..	..	..	..	..	..	1
Plans - permitted development - approved	..	..	..	..	..	..	26
submitted	..	..	..	..	..	..	26
Number of sewer connections	..	..	..	..	..	..	4
Number of water connections	..	..	..	..	..	..	4
Houses demolished	..	..	..	..	..	..	Nil
Houses closed	..	..	..	..	..	..	Nil

STORIES

(i) Inspection for purposes of provisions as to health (including inspections made by the Sanitary Inspector).

No. on register	No. of inspections	No. of written notices	No. of occupied properties
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Premises

(i) Factories in which Sec. 1,2,3,4, & 6, are to be enforced by Local Authority.

4 4 - -

(ii) Factories not included in (i) in which Sec. 7 is enforced by the Local Authority.

13 26 - -

(iii) Other premises in which Sec. 7 is enforced by the Local Authority (excluding outworkers Premises)

- - - -

17 30 - -

(ii) Cases in which defects were found .. .. Nil

WORKSHOPS SHOPS AND RAILWAY PREMISES ACT, 1963

The number on the Register remained at 31 and all premises were visited at least once during the year.

No notification of accident was received.

SECTION DHOUSING

a) Local Authority

The following dwellings were completed in 1972.

Two bedroom flats	..	..	..	..	Nil
Three bedroom houses	..	..	..	..	Nil
Total No. of dwellings completed	..	..	..	..	Nil



Following last years report it can be stated that progress is being made with regard to the preparation of the scheme for further Council housing at The Firs Estate and progress has been made in negotiating a suitable tender with a Contractor for the carrying out of the General Improvement Area on The Firs Estate and work was commenced on two houses as a Pilot Scheme.

Four dwellings were completed in the year in the private sector, but the demand for privately owned homes exists, but the obtaining of suitable sites is the main obstacle.

The Housing Act, 1971 has had the effect of raising the number of applications for Improvement Grants in the year from 10 in 1970 to 30 in 1971 to 58 in 1972.

#### POST WAR HOUSING

Council Houses completed at the end of 1972	..	..	..	199
Privately owned houses	..	..	..	41
Estimated No. of houses unfit for human inhabitation	..	..	..	21
Number of houses overcrowded	..	..	..	4
Total number of applicants for Council houses	..	..	..	52

#### IMPROVEMENT GRANTS

No. of privately owned houses for which Improvement Grants were sought.	..	..	..	58
No. of Grants approved	..	..	..	58
No. of Improvement Grants completed	..	..	..	41
Improvement Grant total	..	..	..	£32,747.65

#### STANDARD GRANTS

No. of Standard Grant applications	..	..	..	..	2
No. of Standard Grant work completed	..	..	..	..	Nil
Standard Grant total	..	..	..	..	Nil

### SECTION E

#### MILK

Number of retailers - 4

Again attention is drawn to the condition of milk bottles. The public are largely to blame as often there are long delays before the empty bottles are returned to the dairyman. Also care on all sides should be taken to prevent the chipping of the necks of bottles and chipped bottles should NOT be used.

#### CATERING ESTABLISHMENTS

Again the various establishments have been satisfactory. They are as follows:-

	Licenced Hotels	Temperance Hotels	Snack Bar	Fish and Chip Shops	TOTAL
+Alston	9	-	2	1	12
Nenthead	3	-	-	-	3
Garrigill	1	-	-	-	1

+ Three Hotels have table licence only.

The total number of licenced premises are as under:-

Alston	9
Nenthead	3
Garrigill	<u>1</u>
	<u>13</u>

Premises registered under the Food and Drugs Act, 1955.

Making sausage and pressed meats	.. .. .	2
Premises registered for the sale of ice cream only	..	10

RECORD OF FOOD VOLUNTARILY SURRENDERED DURING 1972 .. Nil

### S E C T I O N F

#### INFECTIOUS AND OTHER DISEASES

Number on Tuberculosis Register	.. .. .	2
No notifiable disease.		

#### Poliomyelitis vaccination

Primary	.. .. .	23
Completed	.. .. .	22
Booster	... ..	60

Smallpox vaccination	.. .. .	32
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#### Triple Antigen

Primary	... ..	23
Completed	.... ..	22

Measles vaccination	.. .. .	15
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Rubella	.. .. .	12
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Cause of death	Sex	All Ages	Under 4 weeks					Age in years					75 and over
			1-4	5-14	25-34	35-44	45-54	55-64	65-74				
B19(4) MALIGNANT NEOPLASH, INTESTINE ...	M F	1	-	-	-	-	-	-	-	-	-	1	
B19(6) MALIGNANT NEOPLASH, LUNG, BRONCHUS	M F	1	-	-	-	-	-	-	-	-	-	-	
B19(9) MALIGNANT NEOPLASH, PROSTATE ...	M	1	-	-	-	-	-	-	-	-	-	-	
B19(11) OTHER MALIGNANT NEOPLASMS ...	M F	2	1	-	-	-	-	-	-	-	-	1	
B46(1) OTHER ENDOCRINE ETC. DISEASES ...	M F	1	-	-	-	-	-	-	-	-	-	-	
B23 ANAEMIAS ...	M F	1	-	-	1	-	-	-	-	-	-	-	
B26 CHRONIC RHEUMATIC HEART DISEASE ...	M F	1	-	-	-	-	-	-	-	-	-	-	
B27 HYPERTENSIVE DISEASE ...	M F	1	-	-	-	-	-	-	-	-	-	-	
B28 ISCHAEMIC HEART DISEASE ...	M F	3	-	-	-	-	-	-	2	-	-	1	
B29 OTHER FORMS OF HEART DISEASE ...	M F	2	-	-	-	-	-	-	-	-	-	1	
B30 CEREBROVASCULAR DISEASE ...	M F	2	-	-	-	-	-	-	-	-	-	2	
B46(6) OTHER DISEASES OF CIRCULATORY SYSTEM	M F	1	-	-	-	-	-	-	-	-	-	-	
B31 INFLUENZA ...	M F	2	-	-	-	-	-	-	-	1	1	-	
B32 PNEUMONIA ...	M F	1	-	-	-	-	-	-	-	1	-	-	
B33(1) BRONCHITIS AND EMPHYSEMA ...	M F	1	-	-	-	-	-	-	-	-	-	1	
B46(7) OTHER DISEASES OF RESPIRATORY SYSTEM	M F	1	-	-	-	-	-	-	-	-	-	-	
B34 PEPTIC ULCER ...	M F	1	-	-	-	-	-	-	-	-	-	-	
BE49 SUICIDE AND SELF-INFLICTED INJURIES	M F	1	-	-	-	-	-	-	-	-	-	-	
BE50 ALL OTHER EXTERNAL CAUSES ...	M F	1	-	-	-	-	-	-	-	-	-	-	
TOTAL ALL CAUSES	M F	18	1	1	1	1	1	1	3	3	1	1	



